



Australian Principals Federation

PD Event

Thriving and Surviving in Challenging Times

Friday 3 June 2022, from 9:00 am to 3:30 pm

[Riversdale Golf Club](#)

(200-280 Huntingdale Road, Mount Waverley VIC 3149)

Presented by - Maria Ruberto



Maria is the founder and director of [Salutegenics Psychology](#), a strength-based practise that moves people in personal and professional coaching toward mental fitness and life-health. Maria's work is heavily influenced by Positive Psychology theory. The core mission of her work is to transition people towards a state of flourishing, embedding respect, resilience and resolve along the way. Maria has worked extensively for 10 years within the areas of Educational Leadership, Trauma Response and statewide initiatives relating to Student Wellbeing with the Department of Education and Early Childhood Development. She has worked with Travancore School of Mental Health which is a partnership with the Royal Children's Hospital, Orygen Youth Mental Health and is currently consulting with Beyond Blue to develop training around the new resilience resource Sense Ability.

SPECIAL PRESENTATION BY DALE SIDEBOTTOM

Dale is the creator and founder of Jugar Life and Energetic Education, two multidisciplinary business platforms that provide people with the tools to make *play* a focus of their everyday. Dale is a full-time 'play' consultant who taps into his 20+ years working in the education and fitness sectors to educate individuals, schools, sporting clubs and corporate organisations globally on the benefits 'adult play' can have on mental health and wellbeing. Dale is the author of All Work No Play, TEDx speaker and the top rating 'Energetic Radio' podcast. Dale has worked face to face with students, teachers, schools and corporations in over 20 countries.



Members: \$200 Non-Members: \$220

Registrations are now open by completing the form attached.

Please contact Gemma Needs on 0412 584 002 for any queries and support with registration.

Places are limited with registration closing Friday 27 May 2022.

Thank you to our partners for their ongoing support and sponsorship of this event.





Australian Principals Federation Professional Development Event

PD Registration

Thriving and Surviving in Challenging Times

3 June 2022 – Riversdale Golf Club

Please register for the PD by completing the form below, specifying the expected number of staff attending from your school and emailing to gnaylor@apf.net.au

School Name: _____ Contact Details: _____

Name of attendee	Position	Dietary Requirements

APF Member \$200 (inc gst) X

Subtotal =

APF Non- Member \$220 (inc gst) X

Subtotal =

Payment Method

☐ EFT

☐ Invoice School (School purchase order required)

Account Name: Australian Principals Federation

BSB: 083 355

Account Number: 04 807 5220

Please reference **PD and NAME** in description of transfer

If you wish to pay by credit card, please contact Gemma Needs gnaylor@apf.net.au



